interest in sports participation and physical activity. statutory bodies, organisations and groups operating in the county with a responsibility for or Dún Laoghaire Rathdown Sports Partnership is made up of a Board whose members represent those

Our Partners

- Creating and implementing a strategic plan for long-term local sports and physical activity development
 - ≥ Increasing the usage of existing local resources
- Rolling out Sports Ireland participation programmes Establishing a sustainable structure to assist all those involved in local sports development
- ▶ Building on the work already being carried out by partner agencies

Our Key Tasks

- 1600 people with a disability involved in sport and physical activity.
- ♣,300 attended our coach & volunteer training and development programmes.
 - Over 20,000 participants for targeted programmes & events.

What we have achieved over the previous 5 year strategy 2013 - 2017

coordination in sport and physical activity at local level. Laoghaire Rathdown County Council and other key partners to promote participation, inclusion and Dún Laoghaire Rathdown Sports Partnership was set up in 2007. We work closely with the Dún

Who Are We?

More people, more active, more often!

To connect & strengthen our 300 clubs through a community led approach based on diversity and inclusion. sets out to build upon current participation levels. To increase and sustain participation for everyone in DLR. Country, however there are key areas and target groups that need more support to get active. This strategy Dún Laoghaire Rathdown has one of the highest rates of participation in sport and physical activity in the

An Introduction



Contact us to find activities that suit your interests. There are a huge range of activities available across the county. Dún Laoghaire Rathdown County Map

Board Members

- Dublin & Dún Laoghaire Education & Training Board
- Dún Laoghaire-Rathdown County Council
- ▶ HSE (Health Promotion & Improvement) Dún Laoghaire-Rathdown Chamber
- ▶ Irish Wheelchair Assoc. Sport
- ▶ Network for Older People

- **▶** Elected Representatives
- ▶ DLR Sports Partnership ▶ An Garda Síochana
- DLR Leisure
- ▶ UCD Sport

Other Key Partners Include

- ▶ Children & Young People's Services Committees (CYPSC)
- ▶ Local Community Development (LCDC)
- Dublin Mountains Partnership ▶ National Governing Bodies
- ▶ Local schools & colleges
- Southside Partnership
- ▶ Get Ireland Walking
- ▶ Healthy Ireland
- Sports Forum Sports Clubs
- ▶ Collite
- ▶ CARA

Target Populations Include

- ▶ Women and young girls ▶ People with a disability
- Older Adults ▶ Ethnic Minorities
- Disadvantaged Youth

Examples of Events & Programmes

- ▶ Older Adults weekly Programme ▶ Choices for Health
- Operation Transformation Autism Outdoor Camp
- Buggy Brigade ▶ The Daily Mile
- Be Active in Ballyogan ▶ Woodlands for Health
- Active Dance Mini Movers
- ▶ DLR Community 5k
- Enjoy Tennis

Sports Forum

- Sports First Aid
- ▶ Information Seminars Safeguarding Workshops
- Disability Inclusion Training
- Sportability Open Evenings
- ▶ Coaching Children Workshops

Training and Information

Consultation

The development of this strategic plan was a collaborative process that included extensive consultation with agencies, clubs, community groups, schools and the public. It also reflects the key findings of research into participation levels and patterns at local and national level and consideration of local and national policy documents.

At Its Core

This strategic plan embodies a community led vision for participation in sport and physical activity based on leveraging off past successes and adopting a new framework for increasing participation in sport and physical activity across Dún Laoghaire Rathdown.

Implementing & Monitoring

Dún Laoghaire-Rathdown Sports Partnership operates to the highest standards of openness, transparency and good governance. This involves delivering on its commitments to a wide range of corporate and management responsibilities such as financial management, administration, staff development and programme development.



Fostering Active Communities

County Sports Participation Strategy Executive Summary 2018 - 2022

Dún Laoghaire-Rathdown Sports Partnership

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www.dlrsportspartnership.ie





County Sports Participation Strategy Executive Summary 2018 – 2022

Fostering Active Communities

Dún Laoghaire Rathdown Sports Partnership

Working in conjunction with partner organisations we will advocate, network, lead, coordinate, deliver, research and communicate the sustainable opportunities for sport and physical activity development and participation in the County.



Our Vision

That everyone in Dún Laoghaire Rathdown has the opportunity to be physically active, having access to activities and facilities suitable for their interests, needs and capabilities while enjoying the positive health and social benefits of that activity.

Our Mission

To work in partnership with stakeholders to improve access to participation for all and to create, deliver and promote a diverse range of local programmes and initiatives aimed at encouraging target groups that have lower participation rates.

Our Goals

Strategic Goal One

Strengthen & Develop Community Capacity To continue to improve the capacity of communities to facilitate sustained increases in sport and physical activity levels and, thereby, enhance wellbeing and improve quality of life.

Strategic Goal Two

Promote Equality of Opportunity To contribute to equality of opportunity by supporting people of all ages and abilities to access sport and physical activity.

Strategic Goal Three

Communication & Promotion To communicate the benefits, opportunities and pathways for sustainable sport and physical activity.

Strategic Goal Four

Partnership & Collaboration To work in partnership with all stakeholders to increase participation in sport and physical activity.

Strategic Goal Five

Targeted Events & Programmes To coordinate and support a range of appropriate sports and physical activity participation programmes in response to the identified needs of the community.

Strategic Goal Six

Governance & Management To operate to the highest standards of openness, transparency, good governance and accountability.

CONTACT US

One of our key roles is to communicate the range of sport and physical activity opportunities available in the County.

We do this through the following links

Twitter @DLRSportsTeam

Facebook @dlrsportspartnership

Phone: +00 353 (1) 2719502 Website: www.dlrsportspartnership.ie Email: sportspartnership@dlrcoco.ie



