

THE SCRAMBLED LEG WALK CHALLENGE



Family Fun & Activity at Home
#SocialDistancing #BeActive



DESTINATION	COUNTY	DISTANCE KM	COMPLETED
The Spire	Dublin	11.6KM	<input type="checkbox"/>
Newgrange	Meath	64.3KM	<input type="checkbox"/>
Clara Bog	Offaly	113KM	<input type="checkbox"/>
Kilkenny Castle	Kilkenny	120KM	<input type="checkbox"/>
Slieve Donard	Down	158KM	<input type="checkbox"/>
Hook Lighthouse	Wexford	165KM	<input type="checkbox"/>
Aran Islands	Galway	278KM	<input type="checkbox"/>
Mizen Head	Cork	367KM	<input type="checkbox"/>

Name: _____

Address: _____

ITS EASY

- PICK YOUR DESTINATION
- TAKE YOUR FAMILY FOR A LOCAL WALK EVERY DAY (REMEMBER TO ONLY DO THIS WITH YOUR FAMILY UNIT)
- ADD ALL YOUR KILOMETERS TOGETHER
- KEEP ADDING THEM UNTIL YOU REACH THE CHOSEN DESTINATION. TICK COMPLETED BOX
- WHEN YOU HAVE REACHED YOUR TARGET, TAKE A PICTURE OF YOUR CARD AND EMAIL IT BACK TO US
- YOU'LL RECEIVE A CERTIFICATE
- ENSURE TO ALWAYS MAINTAIN SOCIAL DISTANCING



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